



Evaluating progress of the relationship

Evaluating my mentoring: Mentee

		Very well	Could do better	Not sure
ACTIONS	How well am I...			
	prepared for each meeting?			
	providing direction and communicating my needs?			
	asking questions when I need clarification or don't agree?			
	being open to different perspectives?			
	expressing differences in opinions and priorities?			
	receptive to honest feedback that is constructive?			
	doing what I said I would do?			
ATTITUDE	How well am I			
	developing trust with my mentoring partner?			
	feeling supported through challenges faced?			
	being sensitive to differences in backgrounds, priorities and opinions?			
	feeling that the relationship builds my confidence?			
	maintaining vision towards developing my potential?			
	<i>How safe do I feel to be honest and open in the relationship? Please comment.</i>			
KNOWLEDGE	How well am I...			
	sharing issues and insights?			
	communicating my challenges and vulnerabilities?			
	<i>What am I learning from the relationship? Please comment.</i>			
<i>Please comment on any barriers that are hindering success:</i>				